

The Mi'gmaq people have lived in harmony with Mother Earth ever since history, as we know it, began. Only whatever was needed was taken from the land, and what was taken was given thanks for.

It was this close relationship with Mother Earth that has allowed the Mi'gmaq People to have little or no impact on the land for thousands of years.

The Gespe'gewaq Mi'gmaq Resource Council believes that, as First Nations people, we have a responsibility to ensure that we do our part in protecting both the resources and the environment for present and future generations.



Contact Information

Gespe'gewaq Mi'gmaq Resource Council

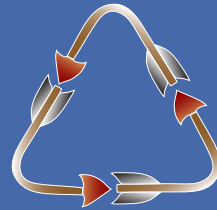
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Monday - Thursday
8:30 AM - 4:30 PM

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Gespe'gewaq Mi'gmaq Resource Council Mawi apoqonmatulifinej waqammu'g ula gm'tginu.

P.L.A.M.U.

Promoting (Healthy) Lifestyles, Activities, and Mi'gmaq
Understandings about Restigouche River Salmon

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Promoting (Healthy) **L**ifestyles, **A**ctivities, and **Mi'**gmaq **U**nderstandings about Restigouche River Salmon.

The Gespe'gewaq Mi'gmaq Resource Council (GMRC) is pleased to announce the start of their research project, "Impacts on Mi'gmaq Traditional Food from Environmental Exposure on the Restigouche River".

- The primary objective of the study is to assess the impacts of environmental contaminants on wild Atlantic salmon in the Restigouche River.
- On February 22, 2008, Health Canada officially gave GMRC approval for funding.
- We will be collecting salmon samples, and administering surveys and interviews to examine the importance of fish and fishing practices in our community by discussing Mi'gmaq traditional knowledge.
- We will determine levels of contaminants and its effects on wild Atlantic salmon.
- We will explore community members' perspectives regarding healthy lifestyles and activities related to salmon fishing (both past and present).

Project Team Members and Responsibilities



The Gespe'gewaq Mi'gmaq Resource Council (GMRC) is the organizational leader for the project team.

Mark Sark

CEO: Responsible for leading and directing the efforts of staff and volunteers to develop and mobilize resources.

Colleen LaBillois

Financial Coordinator: Responsible for budget management and financial reporting requirements to Health Canada.

Victoria Metallic

Principal Investigator: As the project leader and principal environment investigator, she is responsible for preparing salmon samples and sending them to the lab in Fredericton, NB.

Janine Metallic

Research Methods Consultant:

Responsible for conducting literature review, developing the research methods protocol, interviewing participants, analyzing data, preparing presentations, and writing reports.

Carley Wysote

Research Assistant: Responsible for assisting with interviews. Also responsible for producing health information pamphlets related to the project.

John Murvin Vicaire

Communications Coordinator:

Responsible for updating the media and public by providing project updates.

This study has the support of Chief and Council of Listuguj, Eel River Bar, and Pabineau. It is also supported by the Listuguj Education Directorate, Listuguj Health Services, and the Listuguj Natural Resources Directorate.

